



SNACKS

PRESCHOOL SNACKS

HINTS:

Snacks can be distributed in the preschool classroom or in a separate room depending on your facilities and children.

Post the snack and allergy alert daily to make parents aware of what is being served.

Each day you will need plates, napkins, cups, and something for the kids to drink.

Squirt hand sanitizer on children's hands before they eat.

Take advantage of extra time and encourage the children to use the restroom after they eat.

Inspiration for these snack ideas can be seen on at

<https://www.pinterest.com/firstlookcurr/press-play-get-in-the-mix-vbs-2021-preschool/>

SNACKS | DAY 1

PRESS PLAY – GET IN THE MIX PARTY MIX

What You Need:

- Bugles®
- Cheerios®
- Goldfish® crackers
- Teddy Grahams® crackers
- Snyder's of Hannover® Snaps lattice pretzels
- Freeze Dried Strawberries
- Paper bowl; one per child
- Spoons; one per child
- Napkins; one per child
- Serving bowls
- Serving spoons

What You Do:

- Cover the tables in your Snacks area with butcher paper or plastic tablecloths.
- Before Snack time: To create the snack mix, place each item in its own bowl with a serving spoon. Leader can scoop each item into the child's bowl if desired.
- Give each child a bowl, and a napkin.

What You Say: "Hello, friends! I am so glad you are here today! We are going to make a Press Play Get In The Mix Party Mix for our snack today. Take a spoonful of each item. *(Pause.)* Today our story begins with Jesus. Jesus is God's Son and God sent him here to do amazing things. Like when Jesus and His friends were on a boat in the middle of a storm and Jesus calmed the storm by telling it to stop. Do you see some friends in your snack? *(Pause.)* There they are. Jesus' friends were so happy that He stopped the storm. Jesus did other amazing things like helping a man whose legs didn't work to walk. Do you see something in your mix that looks like a mat? *(Pause.)* Yes! The pretzel looks like a mat. Jesus also fed lots and lots of people with a few fish and some bread. What part of your snack do you think this is? *(Pause.)* That's right! The Goldfish and the Cheerios. The last part of our snack mix looks a little like our play button, can you find them? *(Pause.)* That's right! The Bugles and the strawberries look like the play button.

Jesus can do amazing things but the most amazing thing about Jesus is that He wants to be our friend forever. All this week we are going to be learning more about Jesus and how amazing He is. Jesus loves each and every one of us and when we know how much He loves us, we can love others like Jesus loves us. **Who loves you? [Bottom Line] Jesus loves me."**