



POWER UP

RAISE YOUR GAME

VBS 2019 | PRESCHOOL SNACKS



HINTS

Snacks can be distributed in the preschool classroom or in a separate room depending on your facilities and children.

Post the snack ingredients daily to make parents aware of potential allergies.

Each day you will need plates, napkins, cups, and something for the kids to drink.

Squirt hand sanitizer on children's hands before they eat.

Take advantage of extra time, and encourage the children to use the restroom after they eat.



DAY 1

SHINING STARS

What You Need:

- Sheets of Rice Krispies® treats
- Vanilla frosting
- Nonpareils or rainbow sprinkles
- Yellow food coloring
- Two-to-three-inch star-shaped cookie cutter
- Spoon
- Paper plates; one per child
- Craft sticks; two per child
- Napkins; one per child

What You Do:

- Cover the tables in your snack area with butcher paper or plastic tablecloths.
- Use the cookie cutter to cut stars from the Rice Krispies treats. Cut a few extra.
- Insert a craft stick into each star.
- Add yellow food coloring to the frosting and mix well.
- Place a small amount of frosting on each plate along with a star pop.
- Give each child a prepared plate and a napkin.
- Ask the children to frost the top of their star pop and shake sprinkles on it if desired.

What You Say: “Hello, friends! What did God tell Abraham his family would be like one day? *(Pause.)* The stars! God told Abraham that his family would be so big that they would be like the stars in the sky. What shape do you see on your plate? *(Pause.)* A star! Spread some icing on the top of your star and add some sprinkles! In our Bible story today, Abraham trusted what God said to do. God is so powerful. He knows everything, and He has a plan for each and every one of us. Because God made us and knows us, we can trust Him. God will give us what we need, just like He did for Abraham. **Whose power gives you everything you need? God’s power gives me everything I need.”**