

Preschool Snacks

Hints:

Snacks can be distributed in the preschool classroom or in a separate room depending on your facilities and children.

Post the snack daily to make parents aware of potential allergies.

Each day you will need plates, napkins, cups, and something for the kids to drink.

Squirt hand sanitizer onto children's hands before they eat.

Take advantage of extra time and encourage the children to use the restroom after they eat.

Day 2

Mud Snack

What You Need:

Chocolate pudding mix

Milk

Chocolate chip cookies; 1 per child

Bowl

Serving spoon

Measuring cup

Whisk or electric mixer

Plastic zippered sandwich bags; 1 per child

Paper bowls; 1 per child

Plastic spoons; 1 per child

Napkins; 1 per child

What You Do:

- Cover the tables in your snack area with butcher paper or plastic tablecloths.
- Before the children arrive: Mix and make the pudding.
- Place a scoop of pudding in each bowl.
- Place one cookie in each sandwich bag and seal the bags.
- Give each child a napkin, a spoon, a bowl of pudding, and a cookie (in a baggie).
- Instruct the children to crush up their cookies and then pour the crumbs on top of their pudding.

What You Say: “In our story today, we learned that God made each of us unique. The man in our story today was born with eyes that didn’t work, so Jesus, God’s Son, did something super cool. He picked up some dirt, spit in it to make mud, and rubbed it on the man’s eyes. Then Jesus told him to wash his eyes with water, and what happened? That’s right! He could see! Wowee! So today your snack is like the mud Jesus used to help the blind man see! Dig in! **Who made you? [Bottom Line] God made me.**”