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MISSIONS

YOU DON'T HAVE TO SEE IT TO BELIEVE IT!

Bible Story: Jesus Heals the Blind Man • *John 9*

Bottom Line: God made you to trust Him.

Memory Verse: "Let your light shine so others can see it. Then they will see the good things you do. And they will bring glory to your Father who is in heaven." *Matthew 5:16 NIV*

GET READY

Prepare ahead of time for Missions:

Groups: Creating a Safe Place to Connect

1. WHAT'S FOR BREAKFAST?

- Print the "Flashlights" Activity Page on yellow paper; cut out flashlights; provide at least 2 cutouts for each child
- Markers
- Scissors
- Box of Cheerios® (or another type of breakfast cereal)
- 10-15 bowls
- 1-cup measuring cup
- Download the "Food Product Guide" from www.fmnc.org/orange; print page 4 (MannaPack Rice description and nutritional information)

PRAYER

- Download the "Food Donation Drive" Activity Page and edit as necessary for your church; print on yellow paper and cut apart; 1 for each child

TRAVEL TIME *(use these questions to continue conversation while walking to the next activity track)*

- No supplies needed

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Groups: Creating a Safe Place to Connect (SMALL GROUPS, 10-15 MINUTES)

Create a safe place to connect and learn how the Bible story applies to real life experiences, through interactive activities and discussion questions.

1. WHAT'S FOR BREAKFAST? (application activity)



What You Need: "Flashlights" cutouts (Activity Page), markers, box of cereal, bowls, 1-cup measuring cup, "Food Product Guide" downloaded from www.fmssc.org/orange



What You Do:

- Open the box of cereal and measure out one cup. Pour into a bowl and set aside.
- Give each child at least two flashlight cutouts.



What You Say:

"Everyone grab something to write with as I pass out these flashlights. Using words or pictures, I want you to write down what you had for breakfast today. Did you have pancakes? If you did, draw a picture of pancakes or write 'pancakes' down. Did anyone have fruit for breakfast? Draw a picture or write it down on a different flashlight if you did. Did anyone have juice or milk for breakfast? Draw or write them down as well. Do you think kids in France eat pancakes for breakfast? What do you think kids in China eat for breakfast? What do you think kids in Africa eat for breakfast? Do you think we all eat the same things?

"I brought some Cheerios with me today. Have any of you had Cheerios for breakfast before? I love them too. Here in my bowl is one serving of Cheerios. That means what is here in my bowl should be enough for one person to eat and get all these nutrients. *(Point to the side of the box where the nutritional information is located. Point out a few details like how many grams of carbohydrates and protein there are in one serving.)* Let's see how many servings there are in one box. *(Continue measuring out servings into different bowls until the box is empty.)* Wow! One box could feed that many people. That's great!

“Should we just start sending boxes of Cheerios to places like Haiti or countries in Africa where there are kids who are hungry? Will the kids there be able to eat the same foods we eat? *(Pause.)* Raise your hand if you love granola bars. I love them too! Did you know we make granola bars in big factories, much like we make Cheerios? Because we need a lot of granola bars and lots of boxes of cereal here in the United States, we have to make much of our food in factories. There are many countries around the world that do not make their food the same way we do. So the kids there aren’t used to our food and it could make them sick. That’s why we are raising money for FMSC. They make and send food that kids all around the world can eat. Here is a picture of what they send to other countries, like Haiti. It’s called MannaPack Rice. Let’s compare what the nutrients it has with what was in Cheerios. *(Compare the nutritional facts.)* Are they both a healthy choice? Would just Cheerios fill up your tummy? No, we normally want something else with our cereal, like maybe a fruit or milk. This MannaPack Rice they make is kind of like that too. Kids eat it with whatever fruits or vegetables they have around. Some countries may not have many fruits or vegetables, though, and this is all they get that meal.

“Sending granola bars and Cheerios to other countries may not be the smartest choice, food wise. However, are there hungry people just in other countries? *(Pause.)* No, you’re right. Do we have hungry people here in our city that sometimes can’t afford to buy the food they and their families need to stay healthy? Yes, we do. We are filling our M&Ms® containers this week with quarters to send food to other countries. What can we do to help the hungry people here right beside us? *(Pause.)* You’re right—we could save our money for them. Can they eat the same food we eat? *(Pause.)* Yes! Tomorrow let’s all bring in food from our house or grocery store for our neighbors. At the end of the week we’ll take all the food everyone brings to a local food bank. A food bank is a place people go when they don’t have enough money to buy their own food at the grocery store. Today you learned how **[Bottom Line] God made you to trust Him.** We trust Him each day to provide what we need. It is so awesome that God many times provides more than we need, and we get to share the extra with our neighbors both here and around the world!”

PRAY AND DIMISS



What You Need: “Food Donation Drive” Activity Pages



What You Do:

- Hand out the “Food Donation Drive” pages to the kids to take home with them.



What You Say:

“God, thank You for food. Thank You for how food was created to nourish our bodies. Thank You for providing what we need each day. God, You made each of us uniquely but requiring the same nutrients. We can trust that You will provide what we need because we know that **[Bottom Line] God made us to trust Him.** Help us remember our neighbors close to us and around the world who need the same nutrients we need to be healthy each day. We trust You, God, to provide what we need. Amen.”

TRAVEL TIME *(use these questions to continue conversation while walking to the next activity track)*

- What are some non-perishable food items you can bring tomorrow?
- We talked about our favorite breakfast foods today already, but what are some your favorite snacks?
- If you could eat only one thing for the rest of your life, what would it be?